



The future of fitness

Sports genetics, precision health and individualized training and exercise

Come and learn about the most recent advances in precision health and the genetics of exercise and performance! Discuss with some of the world's leading scientists in this field and find out what's going on at the forefront of precision health and exercise research.

When? 2nd of September 2017, 08:00-18:00

Where? Aula Medica, Karolinska Institutet
Stockholm, Sweden



Izumi Tabata PhD
Ritsumeikan University,
Japan



Euan Ashley MD PhD
Stanford University,
USA



Alejandro Lucia MD PhD
European University of
Madrid, Spain



Mikael Mattsson PhD
GIH,
Sweden

Presenting Novel Research Advances: **Carl Johan Sundberg**, KI. **Matthew Wheeler**, Stanford, USA. **Noriyuki Fuku**, Juntendo University, JPN. **Colin Moran**, University of Stirling, GBR. **Ricardo Stein**, Univ. Rio Grande do Sul, BRA. **Maléne Lindholm**, Stanford, USA. **Svitlana Svit**, National University of Physical Education and Sport of Ukraine. **Tomas Vencunus**, Lithuanian Sports University. **Emmi Helle**, University of Helsinki, FIN. **Marcus Moberg**, GIH. **Niklas Psilander**, GIH. **Emma Eklund**, KI.

Panel discussions:

Genetic testing for sport and exercise
Endurance training and profiling
Future of genetics and individualized physical activity

Moderator:
Karin Bojs

Registration

www.gih.se/futureoffitness or contact mikaelm@gih.se

Regular price: 2400 SEK. Early bird registration (until 10/8): 1500 SEK. Students: 1000 SEK.



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